

## Laura Litzan

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**From:** City of Marco Island Florida via City of Marco Island Florida  
<wadministration@cityofmarcoisland.com>  
**Sent:** Tuesday, May 5, 2020 3:00 PM  
**To:** Laura Litzan  
**Subject:** Form submission from: Online Advisory Board Application  
**Attachments:** dr\_blonna\_cv\_2020.docx

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Submitted on Tuesday, May 5, 2020 - 3:00pm

Submitted by anonymous user: 98.208.176.135

Submitted values are:

Date of Application: Tue, 05/05/2020

Your Name:

Last Name Blonna

First Name Richard

Middle Name

Address:

Number and Street 1541 San Marco Road

Apt. Number

City Marco Island

State Florida

Zip 34145

Phone Numbers:

Home 239 970 6114

Cell 908 334 2543

Business

Email Address drrich@drrichblonna.com

Board or Committee City Council

## Background

How long have you lived on Marco Island? 5-10 Years

Are you a year-round resident? Yes

Have you ever been convicted or found guilty of a criminal offense (any level felony or first degree misdemeanor only)?

No

Would you and/or any organizations with which you are affiliated benefit from decisions or recommendations made by this advisory board? No

Do you currently hold public office? No

Do you now serve, or have you ever served on a Collier County or City of Marco Island board or committee? No

# Qualifications

Please list your community activities and positions held (Example: Civic clubs, neighborhood associations, etc.):  
Since Moving to Marco Island:

Board Member, San Marco Villas Condo Association 2013-2015  
Co-Founder, Marco Island Paddlers Association 2012-2013  
Co-Facilitator, Mindful Meditation on Marco 2019 Member Since 2011  
Member, Marco Island Writers Club 2012-12-present  
Member, Marco Island YMCA 2011-present  
Volunteer, Food Bank 2017  
Volunteer, The Wall that Heals 2020

Prior to Moving to Marco Island:

Board Member Brookside Square Residential Community 1977-1981  
President NJ Society for Public Health Education (SOPHE) 1988-1999  
President -Elect NJ SOPHE 1987-1988  
Program Committee Member NJ SOPHE 1986-1987  
Hillsborough NJ Little League Coach 1990-2000  
Hillsborough NJ Jr Raiders Football Club 1990-2000  
Hillsborough NJ Youth Basketball League 1990-2000

Experience/Background:

My experience and background have contributed to the following five attributes I will bring to the position of City Councilor:

Strong Leader Effective Manager  
Excellent Communicator Team Builder

Researcher/Scholar/Writer

I developed most of my leadership, management, and team building skills in my early career with the NJ State Department of Health from 1973-1986. During that time, I held various supervisory titles including, Assistant Supervisor, Supervisor, District Coordinator, State-Wide Education Coordinator. I started out supervising one clinic in Newark NJ and finished my career with statewide responsibilities and reported to the Assistant Commissioner of Health.

During the middle part of my career I taught at William Paterson University from 1986-2014. I started my career as an Instructor and finished as a Professor Emeritus. It was during this second career that I became a researcher, scholar, and writer. My teaching also sharpened my communication skills, as one of the courses I taught was Health Counseling. In addition to my teaching, research, scholarship, and writing, I served as a Faculty Senator for 6 years (three terms) taking part in a wide range of governance activities. I also served on numerous committees, and chaired the Continuing Education and Distance Learning Committee (CEDL). It was during this phase of my career that I sharpened my team building skills.

Since retiring from full-time teaching in 2013 I formed a new business, Dr Rich Blonna LLC, a Florida-based corporation. My business is focused on selling books, self-help courses, and coaching services via teleconferencing software. Since 2013 my business accomplishments include:

- Teaching 1-2 online Stress Management college courses every semester.
- Writing a bi-weekly column "Stress Less, Live More" for Coastal Breeze from March 2018 – Marco 2020.
- Writing contributed chapters in 3 scholarly books (2 in England, 1 in Italy) on coaching theory and practice.
- Writing the 4th Edition of my Human Sexuality college textbook.

- Writing 2 new self-help books on mindfulness.
- Writing 5 new self-help books on Stress Management for Kindle.

Education:

1/73 BS Psychology, William Paterson University of NJ

6/76 MA Education/Counseling, Seton Hall University, South Orange, NJ

5/86 EdD Health Education/Health Counseling, Temple University, Philadelphia, PA

Resume [dr\\_blonna\\_cv\\_2020.docx](#)

The results of this submission may be viewed at:

<https://www.cityofmarcoisland.com/node/1571/submission/2671>

## Curriculum Vitae

Dr. Richard Blonna  
1541 San Marco Road  
Marco Island, Florida, 34145

## Education

5/86	EdD Health Education/ Health Counseling	Temple University Philadelphia, PA
6/76	MA Education/Counseling	Seton Hall University South Orange, NJ
1/73	BS Psychology	William Paterson University Wayne, NJ

## Work Experience

'14 -	Adjunct Professor	William Paterson University Wayne, NJ
'13 -	President	Dr Rich Blonna LLC Marco Island, Florida
'86 - '14	Professor Emeritus	William Paterson University Wayne, NJ
'90 - '13	President	RJ Health Consultants Hillsborough, NJ
'96 - '02	Adjunct Professor	Thomas Edison College Trenton, NJ
'86 - '96	Lecturer	Newark STD/HIV Prevention Education Training Center Newark, NJ
'82 - '86	Instructor	Temple Philadelphia, PA
'84 - '86	Public Health Education Consultant	New Jersey State Dept. of Health
'76 - '84	Public Health Field Supervisor	New Jersey State Dept. of Health

'73 - '76	Public Health Field Investigator	New Jersey State Dept. of Health
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### **Certifications/Licenses (all in retired status)**

'11-present	Board Certified Coach (BCC)
'07- present	Distance Certified Counselor (DCC)
'07- present	National Certified Counselor (NCC)
'89 - present	Certified Health Education Specialist (CHES)

### **Professional Association Memberships**

Association for Contextual and Behavioral Science

ToDo Institute

### **Honors/Awards**

'05	Who's Who Among America's Teachers (awarded for teaching excellence)
'00	Who's Who Among America's Teachers (awarded for teaching excellence)
'94	Who's Who Among America's Teachers (awarded for teaching excellence)
'90	WPC Merit Award Recipient

### **Scholarly Achievements (Publications: Textbooks)**

'17	Blonna R., Carter, L. (2017). Healthy Sexuality 4th Edition. DuBuque Iowa: Kendall Hunt Publishing
'12	Blonna R. (2012). Coping With Stress in a Changing World. 5th <sup>d</sup> . Edition St. Louis: McGraw Hill Publishing.
'11	Blonna R., LoSchiavo, J., Watter D. (2011). Health Counseling: A MicroSkills Approach 2nd Ed. Sudbury Mass: Jones & Bartlett Publishing
'09	Blonna R., Carter, L, Levitan J. (2009). Healthy Sexuality Edition. DuBuque Iowa: Kendall Hunt Publishing

- '07 Blonna R. (2007). *Coping With Stress in a Changing World*. 4<sup>th</sup>. Edition  
St. Louis: McGraw Hill Publishing.
- '05 Blonna R., Levitan J. (2005). *Healthy Sexuality*. Belmont Ca:  
Thomson/Wadsworth Publishing
- '05 Blonna R., Watter D. (2005). *Health Counseling: A MicroSkills  
Approach*. Sudbury Mass: Jones & Bartlett Publishing
- '05 Blonna, R. (2005). *Instructor's Guide: Coping With Stress in a Changing World*  
2nd Edition. St. Louis: Mosby-YearBook.
- '05 Blonna R. (2005). *Instructor's Guide for Health Counseling: A MicroSkills  
Approach*. Sudbury Mass: Jones & Bartlett Publishing
- '00 Blonna R. (2000). *Issues in Human Sexuality*. Englewood Co: Morton  
Publishing.
- '98 Blonna, R. (1998). *Instructor's Guide: Healthy Sexuality*. Englewood Colorado:  
Morton Publishers.

#### **Scholarly Achievements (Publications: Other Books)**

- '19 Blonna R. (2019). *Sunrise Meditations on Marco Island*. IngramSpark Publishing  
LaVergne: Tenn.
- '19 Blonna R. (2019). *Sexual Mindfulness*. Apocryphille Press: Oakland : CA.
- '14 Blonna R. (2014). *Conquer your stress with the Five R's*. Kindle Edition.  
Amazon.com
- '14 Blonna R. (2014). *Rethink; Conquering your stress by changing the way you  
think about it*. Kindle Edition. Amazon.com
- '14 Blonna R. (2014). *Relax; Conquering your stress by relaxing and short-circuiting  
the stress response*. Kindle Edition. Amazon.com
- '14 Blonna R. (2014). *Release; Using physical activity and orgasm to conquer  
your stress* . Kindle Edition. Amazon.com
- '14 Blonna R. (2014). *Reduce; Conquer your stress by turning your stressors into  
challenges*. Kindle Edition. Amazon.com
- '14 Blonna R. (2014). *Reorganize; Using hardy health habits to conquer your stress*.  
Kindle Edition. Amazon.com

- '12 Blonna R. (2012). *Sex-ACT: Unleash the Power of Your Sexual Mind with Acceptance and Commitment Therapy*. Bedford, IN: NorLightsPress.com
- '11 Blonna R. (2011). *Maximize Your Coaching Effectiveness With Acceptance and Commitment Therapy*. San Francisco: New Harbinger Press
- '10 Blonna R. (2010). *Stress Less, Live More: Using Acceptance and Commitment Therapy to Live a Busy Yet Balanced Life*. San Francisco: New Harbinger Press
- '06 Blonna R.(2006). *Seven Weeks to Conquering Your Stress*. Charleston SC: BookSurge Publishing

#### **Scholarly Achievements (Publications: Book Chapters)**

- '18 Blonna, R. , Antiss, T. (2018). *Acceptance Commitment Therapy (ACT) -Based Coaching* . In English, S., Sabatine, J., Browell, P., (Eds). *Professional Coaching; Principles and Practices*. New York: Springer Publishing.
- '14 Blonna, R. (2014). *An Acceptance Commitment Therapy Approach to Sexual Attraction*. In Luca, M (Ed). *Sexual Attraction in Therapy: Clinical Perspectives on Moving Beyond the Taboo - A Guide for Training and Practice*. London: John C. Wiley Publishing.
- '14 Blonna, R., Antiss, T. (2014). *Acceptance and Commitment Coaching*. in Passmore, J. Ed. (2014). *Mastery in Coaching :A Complete Psychological Toolkit for Advanced Coaching*. London: Kogan Page Publishing.
- '13 Blonna R (2013). *Getting a Line on Online Teaching*. in 2013. *Tools of the Trade, Volume 3* SOPHE eBook. Washington DC, SOPHE.

#### **Scholarly Achievements (Publications: Refereed Articles)**

- '07 Blonna R (2007). *Getting a Line on Online Teaching*. *Health Promotion Practice*, Vol 8, (4) Oct. 2007, 317-320.
- '07 Blonna R (2007). *Make Your Class of the Web, Rather than on The Web*. *The Reporter*, (78) 1, Summer 2007, pp 17-22.
- '07 Blonna R (2007). *Stressors*. in *Encyclopedia of Social Problems*, edited by Parillo, V. Thousand Oaks , CA. Sage.
- '07 Blonna R (2007). *Sexually Transmitted Diseases*. in *Encyclopedia of Social Problems*, edited by Parillo, V. Thousand Oaks , CA. Sage.
- '01 Blonna R., Shapiro P. (2000). *Teaching at a Distance*. *Health Promotion Practice*. 2(3), July.

- '98 Blonna R. (1998) A. Wellness Model of Stress & Coping. The Reporter (Fall)
- '91 Blonna R, Hayden J, Milcetic J. (1991). The relationship between AIDS knowledge, AIDS fear, and condom use among college students. *AJCollege Health*.15(2) , 1991
- '91 Blonna R, Broadbent L, King P. (1991). Developing a Marketing plan for NJSOPHE. *Health Education Quarterly*. 18 (2), 191-194.
- '90 Blonna R, McNally K, Grasso C. (1990). Intermediary marketing of family planning `services in NJ. *Journal of Healthcare Marketing*. 10 (1), 53-55.
- '89 Blonna R, Legos P. Burlak P. (1989).The effects of an STD patient counseling program on compliance with medication taking and return for follow-up. *Journal of Sexually Transmitted Disease*. 16(4).

#### **Scholarly Achievements (Publications: Non-refereed Articles & Reviews)**

- '07 Blonna R (2007). Coping With Stress Using the Five R's. *Men's Exercise* (3) September, 2007, pp56 - 59.
- '06 Blonna R (2006). Stress and the Pace of Life. *Thirty Thousand Days*, Vol. 13 (1) Fall 2006. ToDo Institute. Monkton: Vermont
- '04 Blonna R (2004). (Book Review; Chapter 4). (2004). *Your Health Today*. St Louis: McGraw -Hill. Reviewed chapter on Stress.
- '00 Blonna, R (2000). Students appear more willing to discuss personal-health issues on-line. *Chronicle of Higher Education* (on-line version, 10/13/2000).
- '96 Blonna R (1996). (Book Review; Chapter 21).Thibodeau, G., Patton K. (1996). *Anatomy & Physiology*. St Louis: Mosby-YearBook. Reviewed chapter on sexual anatomy & physiology .
- '96 Blonna R (1996). (Book Review; Chapters 27 & 28).Seely R., Stephens T.D., Tate P. (1996). *Anatomy & Physiology*. St. Louis: Mosby-YearBook. Reviewed chapters on male and female sexual anatomy & physiology
- '95 Blonna R. (1995). A Wellness Model of Stress. *Mosby's Health Exchange*, (Fall) pp 1-4.
- '90 Blonna R. (1990). Just Say No: Imperfect & Imprecise. *Family Life Matters*, (Spring) pp 1-4.



- '89        Blonna R. (1989). A Critical Review of the Methodological Issues in Research on Stress & Genital Herpes. Wayne, NJ. Published Conference Proceedings, An Adaptation Approach to Stress/Coping.
- '88        Blonna R. (1988). The Condom; A Contraceptive Whose Time has Come, Again. Men's Reproductive Health, (2) 2, pg 1.

### **Scholarly Achievements (Productions)**

- '06        Blonna R (2006). Seven Weeks to Conquering Your Stress. Relaxation CD. Hillsborough NJ: RJ Health Consultants.
- '05        Blonna R (2005). Choosing Community Health 2<sup>ND</sup> ED. Wayne, NJ: WPU Media Services (videotape) [produced and narrated]
- '03        Blonna R (2003). Choosing Community Health . Wayne NJ: WPU Media Services (videotape) [produced and narrated]
- '03        Blonna R (2003). Orientation to Online Learning. Wayne NJ: WPU Media Services (videotape)[produced and acted in]
- '96        Blonna R. (1996). Relaxation Techniques for Effective Stress Management. St. Louis: Mosby-YearBook (audiotape)[wrote script]
- '89        Blonna R. (1989). Introduction to Your Internship. Wayne NJ: William Paterson College TV Studio (videotape)

### **Scholarly Achievements (Juried Presentations)**

- '12        Blonna R (2012). 3 Presentations; Maximize Your Coaching Effectiveness with ACT, Sex-ACT- Unleash the Power of your Sexual Mind With ACT, Ignite: Sex ACT.10<sup>th</sup> World Conference of the Association for Contextual and Behavioral Science. Washington, DC.
- '12        Blonna R (2012). Managing Stress Using Naikan and Morita Therapy. Thirty Thousand Days; The Time of Your Life. 1<sup>st</sup> World Meeting of the ToDo Institute. Burlington, VT.
- '10        Blonna R (2010). ACT & Stress Workshop. ACT ; 6<sup>th</sup> Annual Summer Symposium for the Association for Contextual and Behavioral Psychology (ACBS). Reno, Nevada.
- '08        Blonna R (2008). ACT on Managing Your Stress. ACT IV; 4<sup>th</sup> Annual Summer Symposium for the Association for Contextual and behavioral Psychology (ACBS). Chicago, Illinois.

- '05 Blonna R (2005). Health Counseling; A MicroSkills Approach. Annual Mid-Year Scientific Meeting, National SOPHE and Society for Behavioral Medicine. Boston MA., 4/16/05.
- '05 Blonna R. (2005). Coping With Stress in a Changing World; Challenge and Psyching in Sport. Annual Meeting, NJAAHPERD, 3/06/05.
- '03 Blonna R. (2003) Using Small Group Instruction to teach online. Presented at the Annual National Meeting of the American Public Health Association. Philadelphia PA (11/12/03).
- '03 Blonna R. Teaching Health Online; A three hour workshop for faculty. Presented at the Annual National Meeting of the Society For Public Health Education. Philadelphia PA. (11/11/2003)
- '96 Blonna, R. (1996). The Effects of Faith, Spirituality & Religiosity on Coping With Stress. Research paper presented at the 71st. Annual Convention of The Eastern District of the American Alliance for Health, Physical Education, Recreation & Dance ( AAHPERD). Stamford, CT. 3/21/96
- '95 Blonna, R. (1995). A Pyramid of Risk for STD/HIV. Paper presented at the 70th. Annual Eastern District AAHPERD Conference. Springfield, Mass. 3/4/95
- '93 Blonna, R. ( 1993). Stress Management Classroom Strategies K-12 Annual Meeting of the New Jersey Education Association. Atlantic City, NJ. 11/4/93
- '88 Blonna, R. (1988). Using Socio-Marketing to Increase Awareness of Family Planning Services. 16th. Annual Meeting of the National Family Planning & Reproductive Health Association. Washington, DC. 3/2/88
- '87 Blonna, R. (1987). Using Public Service Advertising to Increase Awareness of Family Planning Services. 115th. Annual Meeting of the American Public Health Association. New Orleans, LA. 10/22/87
- '86 Blonna, R. (1986). Increasing Male Involvement in Family Planning. Keynote speaker at New Jersey State Health Department Annual Meeting. Atlantic City, NJ. 9/19/86.

#### **Scholarly Achievements (Invited Lectures)**

- '08 Blonna R (2008). Healthy Sex Concerns. Berkeley College, West Paterson NJ.
- '06 Blonna R (2006). Seven Weeks to Conquering Your Stress. Paper Presented at Hillsborough Public Library, Hillsborough NJ 11/06.

- '95 Blonna, R. (1995).Conducting Focus Group Research. Paper presented for the Somerset/Hunterdon County AIDS Consortium. Flemington, NJ. 8/3/95
- '95 Blonna, R. (1995).Conducting HIV Focus Groups. Paper Presented for the New Jersey State Department of Health. Trenton, NJ. 3/23/95
- '91 Blonna, R. (1991).Health Education Update. Paper Presented at statewide NJ SOPHE meeting. Montclair, NJ. 12/11/91.
- '91 Blonna, R. (1991).Getting Your First Job in Public Health. Lecture Presented to New Jersey SOPHE. New Brunswick, NJ. 3/22/91
- '90 Blonna, R. (1990).Men's Sexuality; Implications for Health Education. 41st Annual Meeting. Society for Public Health Education. New York City, NY. 10/5/90
- '89 Blonna, R. (1989).Socio-Marketing in Community Health. Paper presented at annual NJ SOPHE Meeting. Montclair, NJ. 6/8/89
- '89 Blonna, R. (1989).STD Risk Assessment. Lecture presented at the Newark STD Training Center. Newark, NJ. 5/1/89
- '89 Blonna, R. (1989).AIDS Epidemiology. Paper presented to the NJ Family Life Education Network. Newark, NJ. 3/16/89
- '88 Blonna, R. (1988).Sexuality & STD Risk. Lecture presented at the Newark STD Training Center. Newark, NJ. 12/5/88.
- '88 Blonna, R. (1988).STD Epidemiology Update. Paper presented to the Robert Wood Johnson Medical School staff. New Brunswick, NJ. 11/21/88.
- '88 Blonna, R. (1988). Sexuality & STD Risk. Lecture presented at the Newark STD Training Center. Newark, NJ. 11/18/88
- '88 Blonna, R. (1988).STD Patient Counseling. Lecture presented at the Newark STD Training Center. Newark, NJ. 10/18/88.
- '88 Blonna, R. (1988).AIDS Epidemiology. Paper presented to the New Jersey Family Life Education Network, Sewell, NJ. 9/29/88.
- '88 Blonna, R. (1988).AIDS Epidemiology. Paper presented to the New Jersey Family Life Education Network, Newark, NJ. 7/7/88
- '88 Blonna, R. (1988).AIDS Epidemiology. Paper presented to the New Jersey Family Life Education Network, Newark, NJ. 5/5/88

- '88 Blonna, R. (1988).Sex, Drugs & AIDS. Lecture presented at the statewide Drug-free Schools Conference. So. Orange, NJ. 4/27/88.
- '88 Blonna, R. (1988). Eroticizing Condom Use & Safer Sex. Workshop presented at Rutgers University Safe Sex Week. New Brunswick, NJ. 4/13/88.
- '88 Blonna, R. (1988).Stress Management for Human Service Workers. Lecture presented for the New Jersey Division of Youth & Family Services. Paterson, NJ. 2/29/88.
- '87 Blonna, R. (1987).STD/AIDS Prevention. Paper presented to students at Rutgers University. Newark, NJ. 10/28/87.
- '87 Blonna, R. (1987).Credentialing & You. Paper presented at NJ SOPHE Statewide meeting. Princeton, NJ. 10/23/87.
- '87 Blonna, R. (1987).Human Sexuality & STD Risk. Lecture presented at the Newark STD Training Center. Newark, NJ. 10/20/87.
- '87 Blonna, R. (1987).STD/HIV Prevention. Workshop presented at the Somerset County Youth Shelter. Bridgewater, NJ. 10/6/87.
- '87 Blonna, R. (1987).AIDS Prevention. Lecture presented to the Board of Trustees for the Somerset Family Planning Services. Somerville, NJ. 9/8/87.
- '87 Blonna, R. (1987).Human Sexuality & STD Risk. Lecture presented at the Newark STD Training Center, Newark, NJ. 8/21/87.
- '87 Blonna, R. (1987).STD/AIDS Prevention. Workshop on STD/HIV prevention for central Jersey public school teachers. Parlin, NJ. 8/18/87.
- '87 Blonna, R. (1987).Condoms & Safe Sex. Workshop presented at Close Encounters of the Sexual Kind; Safe Sex Week. Rutgers University. New Brunswick, NJ. 4/17/87
- '87 Blonna, R. (1986).Human Sexuality & STD Risk. Paper presented at the Newark STD Training Center. Newark, NJ 10/24/86.
- '86 Blonna, R. (1986).Maximizing Compliance with Family Planning. Workshop presented to family planning educators from the Northeastern United States of America. Mt. Snow, VT.9/25-9/26/86.

### **Professional Development**

- 07/12 10<sup>th</sup> World Conference of the Association for Contextual and Behavioral Science. Washington, DC.

- 08/12      Thirty Thousand Days; The Time of Your Life. 1<sup>st</sup> World Meeting of the ToDo Institute. Burlington, VT.
- 06/10      ACT VI; 6<sup>th</sup> Annual Summer Symposium for the Association for Contextual and Behavioral Psychology (ACBS). Reno, Nevada.
- 06/09      NJ SOPHE Mid-Year Meeting. Bridgewater , NJ.
- 05/09      National SOPHE Mid-Year Meeting. New Orleans LA
- 03/09      American Counseling Association Annual Meeting. Charlotte NC
- 10/08      Certified Professional Coach (CPC) Certification Training. GROW Training Institute, San Diego California.
- 07/08      Certified Hypnotherapist Certification Training. PeachTree Associates, Atlanta Georgia.
- 05/08      ACT IV; 4<sup>th</sup> Annual Summer Symposium for the Association for Contextual and behavioral Psychology (ACBS). Chicago, Illinois.
- 05/08      NJ SOPHE Mid-Year Meeting. Bridgewater , NJ.
- 03/08      American Counseling Association Annual meeting, Honolulu, Hawaii.
- 01/08      Acceptance & Commitment Therapy (ACT) Training. Togus VA Hospital, Maine (at –a-distance)
- 12/07      NJ SOPHE Annual Meeting. William Paterson University, Wayne NJ
- 03/06      Distance Counseling Credential Training. NBCC/ReadyMinds Associates. Worchester Mass.
- 04/05      54<sup>th</sup> Mid-Year Scientific Meeting, Society for Public Health Education, Boston, MA.
- 11/04      54<sup>th</sup> Annual Meeting, Society for Public Health Education, Washington, DC
- 11/04      Constructive Living Online Course. ToDo Institute; Monkton Vermont  
Month-long Constructive Living Japanese Psychotherapy Workshop.
- 10/04      BlackBoard Institute. Five Week Online BlackBoard Course. William Paterson University.
- 04/03      77<sup>th</sup>. Annual Meeting, American Association of Health,  
Physical Education, Recreation & Dance, Philadelphia, PA

10/02	53 <sup>rd</sup> Annual Meeting, Society for Public Health Education, Philadelphia, PA
10/02	130 <sup>th</sup> Annual Meeting, American Public Health Association, Philadelphia, PA
12/01	Annual Meeting, American Federation of Teachers; Information technology Conference, Washington, DC.
11/00	128 <sup>th</sup> Annual Meeting, American Public Health Association, Boston, Mass
11/00	51 <sup>st</sup> . Annual Meeting, Society for Public Health Education, Boston, Mass.
03/99	WebMaster Training, WPU IRT Department
11/98	126 <sup>th</sup> Annual Meeting, American Public Health Association, Washington, DC
11/98	49 <sup>th</sup> Annual Meeting, Society for Public Health Education, Washington, DC
03/97	71 <sup>st</sup> Annual Meeting, Eastern District, American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD). Burlington, VT.
11/96	124 <sup>th</sup> Annual Meeting, American Public Health Association (APHA), New York, NY.
03/96	70 <sup>th</sup> . Annual Meeting, Eastern District, American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD). Stamford CT.
03/95	69 <sup>th</sup> . Annual Meeting AAHPERD. Springfield Mass.
11/94	National Meeting, American Public Health Association, Washington, DC
04/93	67 <sup>th</sup> . Annual Meeting. AAHPERD. Washington, DC.
11/92	43 <sup>rd</sup> . Annual Meeting. SOPHE. Washington, DC.
11/92	120 <sup>th</sup> . Annual Meeting, APHA. Washington, DC .
10/90	118 <sup>th</sup> . Annual Meeting, APHA. Chicago, Ill..
11/87	115 <sup>th</sup> . Annual Meeting, APHA. New Orleans, La.